



REHAB Schedule A – ‘Work Readiness Track’

	Monday	RM	Tuesday	RM	Wednesday	RM	Thursday	RM	Friday	RM
10:00	Daily Self Discovery	2	Daily Self Discovery	2	Daily Self Discovery	2	Daily Self Discovery	2	Daily Self Discovery	2
10:30	Current Events	2	Journaling/ Creative Writing	2	Health and Wellness (Co-Group w/ R-C)		Journaling/ Creative Writing	2	Health and Wellness (Co-Group w/ R-D)	
11:00	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
11:15	Pre-Vocational Skills Training	2/CR	Independent Living Skills	2/CR	Achieving your life Goals	2/CR	Conflict Resolution	2/CR	Pre-Vocational Skills Training	2/CR
11:45	Pre-Vocational Skills Training-Hands on Training	CR	Pre-Vocational Skills Training-Hands on Training	CR	Pre-Vocational Skills Training- Hands on Training	CR	Pre-Vocational Skills Training-Hands on Training	CR	Pre-Vocational Skills Training-Hands on Training	CR
12:15	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR
12:45	Group Process – (GF-Planning Period)	2	GED Prep	2	Team Solutions for Illness Management and Recovery	2	Partnering with your Treatment Team	2	Leisure Skills	2
1:45	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
2:00	Computer	CL	WRAP	2	Therapeutic Book Review	2	Team Building	2	Weekend Planning with Community Resources	2
2:30	Check Out	2	Check Out	2	Check Out	2	Check Out	2	Check Out	2



REHAB Schedule B – ‘Cognitive Enhancement Track’

	Monday	RM	Tuesday	RM	Wednesday	RM	Thursday	RM	Friday	RM
10:00	Daily Self Discovery	4	Daily Self Discovery	4	Daily Self Discovery	4	Daily Self Discovery	4	Daily Self Discovery	4
10:30	Health and Wellness (Co-Group w/ R-C)	CR	Current Events	4	Creative Expressions	4	Health and Wellness	CR	Creative Expressions	4
11:00	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
11:15	Group Process – (GF-Planning Period)	4	Social and Communication Skills	4	Creative Arts	4	Conflict Resolution	4	General Education	4
12:15	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR
12:45	Leisure Skills	4	Team Solutions for Illness Management and Recovery	4	Basic Living Skills	4	Cognitive Stimulation Training	4	Therapeutic Book Review	4
1:45	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
2:00	Community Planning	4	Self Esteem	4	Cognitive Enhancement	4	Relaxation Training	4	Weekend Planning with Community Resources	4
2:30	Check Out	4	Check Out	4	Check Out	4	Check Out	4	Check Out	4



REHAB Schedule C

	Monday	RM	Tuesday	RM	Wednesday	RM	Thursday	RM	Friday	RM
10:00	Daily Self Discovery	8	Daily Self Discovery	8	Daily Self Discovery	8	Daily Self Discovery	8	Daily Self Discovery	8
10:30	Health and Wellness (Co-Group w/ R-B)	CR	Journaling/ Creative Expressions	8	Health and Wellness (Co-Group w/ R-A)	CR	Journaling/ Creative Expressions	8	Current Events	8
11:00	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
11:15	Independent Living Skills	8	Social and Communication Skills	8	General Education	8	Leisure Skills	8	Conflict Resolution	8
12:15	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR
12:45	Creative Arts	8	Recognizing and Responding to Relapse	8	Team Solutions for Illness Management and Recovery	8	Group Process – (GF-Planning Period)	8	Therapeutic Book Review	8
1:45	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
2:00	Self Esteem	8	Computer Skills Development	8	Cognitive Enhancement	8	WRAP	8	Weekend Planning with Community Resources	8
2:30	Check Out	8	Check Out	8	Check Out	8	Check Out	8	Check Out	8



REHAB Schedule D

	Monday	RM	Tuesday	RM	Wednesday	RM	Thursday	RM	Friday	RM
10:00	Daily Self Discovery	3	Daily Self Discovery	3	Daily Self Discovery	3	Daily Self Discovery	3	Daily Self Discovery	3
10:30	Journaling/ Creative Expressions	3	Health and Wellness (Co-Group w/ IDT)		Current Events	3	Journaling/ Creative Expressions	3	Health and Wellness (Co-Group w/ R-A)	
11:00	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
11:15	Therapeutic Book Review	3	Social and Communication Skills	3	Group Process – (GF-Planning Period)	3	Independent Living Skills	3	Conflict Resolution	3
12:15	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR	LUNCH	CR
12:45	Recognizing and Responding to Relapse	3	General Education	3	WRAP	3	Team Solutions for Illness Management and Recovery	3	Leisure Skills	3
1:45	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR	BREAK	CR
2:00	Self Esteem	3	Cognitive Enhancement	3	Creative Arts	3	Computer Skills Development	3	Weekend Planning with Community Resources	3
2:30	Check Out	3	Check Out	3	Check Out	3	Check Out	3	Check Out	3